

Captain Rachel Myaing, DC, USN

Commanding Officer

CAPT Myaing is a native of Myanmar (Burma) and immigrated to the United States in 1989. She studied Computer Engineering at Rangoon University before moving to Northern California. She graduated in 1995 from the University of California at Berkeley with a Bachelor of Arts in Molecular and Cell Biology with emphasis in Neurophysiology. During her junior year, she was inducted to Golden Key Honor Society.

CAPT Myaing joined the US Navy during dental school as an ensign. She entered active duty as a lieutenant upon graduation from the University of California at San Francisco, School of Dentistry in 1999. She then reported to National Naval Medical Center, San Diego as a General Practice Resident. Her next duty station was U. S. Naval Hospital Guam where she served until 2002. During this assignment, she led a dental team as part of a humanitarian mission from USNH Guam to the island country of Palau.

During her Comprehensive Dentistry Residency training, she received the Commanding Officer's Award of Excellence and a Master of Science from George Washington University in 2004. She served as the Dental Department Head on the Sixth Fleet Command Ship USS LA SALLE home ported in Gaeta, Italy, where she earned her Surface Warfare Dental Department Officer Designation. She then accepted orders to U. S. Naval Hospital Naples as a Department Head of General Dentistry and Interim Department Head of Pediatric Dentistry. In 2007, she volunteered for Individual Augmentee and joined the Expeditionary Medical Facility, Kuwait, where she worked as the Dental Department Head at Camp Buehring.

CAPT Myaing completed an Advanced Clinical Practice in Oral Maxillofacial Surgery at Naval Medical Center Portsmouth, VA in 2010. Then she served on board the USS DWIGHT D. EISENHOWER as an Assistant Dental Officer. She was selected as the Director of Dental Services at Naval Hospital Lemoore, CA. From 2015 to 2017, she was the Program Director for Advanced Education in General Dentistry at Naval Medical Center, San Diego. She then was selected to be the Executive Officer at Naval Health Clinic New England, led over one thousand civilian and military staff members located in four different states. Following her tour at Naval Health Clinic New England, she reported to the Naval Personnel Command, Millington, Tennessee serving as the Dental Corps Senior Assignment Officer from 2017 to 2021. She currently serves as Commanding Officer, Naval Medical Leader and Professional Development Command, Bethesda, Maryland.

CAPT Myaing's personal awards include the Meritorious Service Medal (2), Navy Commendation Medals (4), Army Commendation Medal, Navy Achievement Medals (2) and Expert Pistol Shot Medal. She is a board certified Comprehensive Dentist, a Master and Fellow of Academy of General Dentistry. She is a member of American Board of General Dentistry, Academy of General Dentistry, American Dental Association and Interagency Institute for Federal Healthcare Executives. She has been an American Heart Association and American Red Cross Basic Life Support instructor for nineteen years and volunteers her time for American Red Cross.